**MYDDLE CE PRIMARY SCHOOL**

**PE POLICY**

**2022-2023**

**Introduction**

At Myddle CE Primary School, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education (PE). PE should provide opportunities for all pupils to become physically literate and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they undertake.

**Aims:**

**The consistent delivery of high quality PE lessons which are exciting, challenging and enjoyable and provide many varied earning opportunities:**

**** Develop knowledge, skills and understanding across a range of sporting activities.

 Engage in moderate to intense physical activity over sustained periods of time.

 Participate in competitive sports and activities.

 Lead healthy and active lives, picking up positive habits for their future lives.

 To compete in games and activities in a collaborative team.

 To develop Staff competence and confidence in the delivery of high quality PE lessons

 To promote safe practice in all activities.

 To use sport to build pupils self-confidence and self-esteem.

 To encourage involvement in extra-curricular sporting activities and develop community and club links

 Increase participation in competitive sports both in and out of School.

To develop Staff competence and confidence in the delivery of high quality PE lessons

**Responsibility for PE at Myddle CE Primary School**

Mr G Hughes (PE Lead Teacher) has overall responsibility for everything relating to PE, Physical Activity and the development, monitoring and review of the provision of PE and Physical Activity.

Mr Hughes will consult with the Head Teacher on PE & Sport matters and provision and the Head Teacher will oversee all things relating to PE & Sport and Myddle CE Primary School.

Staff who teach or support in PE should be aware of the Policy and consider how they can support it and staff who provide PE and physical activity should ensure that safe and effective procedures are adopted in all physical activities at all times.

**External Providers**

To increase opportunities and inspire children to be active, we currently use The Wright Way Coaching Company provider to deliver 2 hours of quality PE for each class during the week. (Y4-6 teachers teach the pupils on 1 out of their 2 PE sessions during the week.) We also endeavour to use further sports coaches on the occasions when it is necessary, either for a half term or a specific day. All visitors are expected to work within the framework of this policy.

We are planning to buy in the resource scheme ‘GetSet4PE’ to support the teaching of PE, via the school coaches and as an assessment tool to best monitor individual children throughout the school. This will help to ensure that sports coaches are delivering PE lessons which show greater progression through the year groups and focus on the objectives that are required to be taught for each age group. Online assessments will be completed as an ongoing task by the teachers / coaches based on each of the lessons.

All visitors/coaches are expected to have an up to date CRB/DBS and provide this with photographic I.D (passport/driving licence) on arrival for their session. This policy should be made available to visitors if reasonably practicable.

**Health and Safety**

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

\*Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma

\*Staff know about the safe practices involved in moving and using apparatus

\*Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible they should be securely taped and the teacher is confident this strategy is effective. Our School provides a PE kit for all children and does not discriminate based on gender, race, disability, sexual orientation or belief.

\*Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics,

\*Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in

\*Equipment and apparatus is stored safely at the end of each lesson.

\*Pupils are taught to consider their own safety and that of others at all times.

\*School shoes are not permitted to be worn for PE

Staff teaching PE should wear the PE kit provided by school and also consider their own and their pupils' safety with regard to their own additional personal clothing, footwear and jewellery when involved in the teaching of any sporting activity.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

**PE and School Sports Premium Funding**

PE and School Sports Premium funding is used in a number of arears relating to PE and sport at Myddle CE Primary School. A full breakdown of the funding can be viewed on the School website and is updated regularly.

**Curriculum**

**PE**

Children from Years 1 to Year 6 have at least two, one hour, lessons of PE a week during curriculum time. Nursery class have a 30 minute slot each week.

The curriculum at Myddle CE Primary School covers the National Curriculum Programmes of Study in PE as stipulated in the PE National Curriculum 2014 document. The School has bought into an on-line PE Scheme of Work from The PE Hub which is used to ensure progression. Pupils develop physical skills, knowledge and understanding as well as learn about fitness, cooperation and fair play. Pupils’ are assessed by their class teachers and their sports coaches using the school’s curriculum key skills success criteria.

**Activities during PE taught at Myddle CE Primary**

* Dance
* Gymnastics
* Fundamental Movement Skills
* Invasion Games (Football, Basketball, Tag Rugby, Hockey)
* Net and wall games (Tennis, Table Tennis, Badminton)
* Striking and Fielding games (Rounders, Cricket)
* Outdoor and Adventurous Activities
* Athletics
* Health Related Fitness
* Other inclusive games (Boccia, Tri-Golf, New Age Kurling, Archery)
* Swimming

**Assessment & Recording**

Assessment is carried out by the PE Lead Teacher, class teachers and the sports coaches from The Wright Way Company. Children will be levelled as either Emerging, Developing, Secure or Exceeding, in accordance with Age Related Expectations as per the Assessment Procedures for the curriculum areas covered. As we have recently bought in the ‘GetSet4PE’ scheme, online assessments shall be completed at the end of each lesson / half term to monitor individual’s performances, which can easily be fed back to the class teacher and the child. Swimming will be assessed by the swimming instructors and the PE lead at Shrewsbury School Swimming Pool. The PE Lead will be responsible for publishing Swimming data on the School Website, as per National Guidance.

**Participation in PE**

We aim for full participation in every PE lesson and aim to do this by:

* Providing PE kit for all children
* A wide range of imaginative resources and teaching strategies are used to actively engage pupils in participating in lessons.
* Our curriculum takes into consideration the range of pupils’ needs to ensure continuity and progression in learning is provided and PE lessons will be suitably differentiated in order to support and challenge pupils.
* Staff ensure that pupils of all abilities are able to access the PE curriculum by providing alternative, or different resources to develop new skills and ensure a positive relationship with physical activity from an early age.
* Pupils who are unable to participate in a PE lesson are engaged purposefully with other roles such as observation, feedback, video recording, evaluation, coaching, umpiring and refereeing. Students should change into suitable footwear. Parental notes should be received if a child is excluded for any short or long term health reason.

**Facilities available for physical activity**

On-site facilities include (*school to include) eg* :

* Hall – gymnastics mats, balance benches, vaults, box
* Playgrounds
* School field
* Oswestry Swimming Pool for all swimming lessons

**Clothing to be worn during physical activity (before, during and after school)**

We ask that all pupils change for PE and wear the PE kit provided by school that includes:

* *Red polo shirt / t-shirt (long sleeve tops are permitted to be worn underneath and encouraged during winter months)*
* *Black shorts (leggings underneath are permitted)*
* *Trainers or black PE pumps*
* *Unsuitable school shoes are not permitted to be worn for safety reasons*

On days when PE is delivered in school (currently Wednesdays and Fridays), pupils attend school wearing their PE kits.

Pupils are provided with school kits to wear when they are representing the school in inter school competitions.

**Physical activity outside of the curriculum**

In addition to PE, there are a range of opportunities for physical activity throughout the school day.

***Extra-curricular activities and clubs***

A range of after school clubs are available to pupils which are provided free of charge by the PE teacher and paid clubs are delivered by The Wright Way Coaching company. These clubs complement the curriculum, the interests of pupils and the local sporting opportunities. We always aim to take part in inter-school and intra house competitions to allow pupils to take part competitively against each other and other schools. There is also an extra-curricular tennis club, delivered by The Shrewsbury club on a Thursday in Autumn Term 1 and the Summer Term.

***Active playtimes***

Sports leaders are trained yearly by The Wright Way Coaching company / PE co-ordinator and our aim is for these pupils to regularly deliver playground activities for younger pupils during lunchtimes.

**Sports Day** We organise an annual multi-activity circuit Sports Day type event at the end of the summer term. Parents and carers are actively involved to attend and support their children during the morning and afternoon. We have a wide range of sporting activities on the day to encourage participation and success for all children. Each child participates to compete against each other but also for their own personal challenge also.

**Involving parents and carers**

We recognize the important part parents and carers play in encouraging children to participate in physical activity. Information about PE, physical activities and sporting competitions organised by the school and opportunities after school, are shared with parents/carers by means of specific PE letters from the PE Lead and through the School newsletter. Information about all areas relating to PE can also be found on the School website and via the Facebook page.

**Monitoring and evaluation of physical activity**

The PE Lead Teacher or member of SLT with responsibility for Monitoring is responsible for the overall monitoring of the quality of PE and physical activity provision.

We monitor PE in the curriculum through subject reviews and self-evaluation in order to provide an accurate perspective on how it is being delivered and how it can be further improved.

Physical Education is monitored and evaluated through:

* Lesson observations
* Monitoring of lesson planning
* Monitoring of equipment
* Pupils Assessment data
* Feedback from staff
* Children questionnaires
* Pupil records of participation, focusing on different groups
* Feedback from pupils/school council about PE and general physical activity
* Pupil attendance and achievement in sporting competitions
* Attendance at after school sports clubs
* The use of our new ‘GetSet4PE’ scheme, which shall be ordered at the start of 2022-2023

When external providers are used to deliver physical activity, the PE Lead will observe to ensure that high quality lessons are delivered and assessed consistently.

**Equal opportunities and inclusion**

We comply with the Equality Act 2010 and are proactive in ensuring that all pupils, including those with special needs or disabilities are provided with a comprehensive programme of physical activity. For pupils with disabilities or health conditions we will adapt activities to suit their individual needs. Where appropriate, this may mean providing specialised equipment, differentiating activities, offering a parallel or separate activity or setting a challenge appropriate to their skill level.

Pupils who do not participate in physical activity on a regular and consistent basis will be parent or carer.

**Training and support for staff**

We ensure relevant staff access high quality professional development annually on PE and physical activity to keep them updated on key related issues and ensure they are confident to teach the full breadth of the curriculum. We participate in training and projects run by the LA and other organisations.

**Dissemination of the policy**

The policy is available to parents and carers and pupils via the school website. Parents and carers and pupils new to the school may be given a summary on request and there is a copy in the school reception area. The full policy is available to parents and carers and pupils on request.

Copies of the full policy are in the staff handbook, the Governors’ handbook and Policy reference file, in the school office.