






# MENU

BASCHURCH CE PRIMARY SCHOOL MENU WEEK 3 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT	<p><b>'Big Breakfast'</b> Bacon, Sausage, Scrambled Egg, Plum Tomatoes</p>  <p><b>'Big Veggie Breakfast'</b> With Mushrooms</p>	<p>Prime Beef Cottage Pie with Gravy</p>  <p>Quorn Shepherdess Pie with Gravy</p>	<p>Traditional Roast Chicken with Herby Stuffing &amp; Gravy</p>  <p>Roast Quorn Fillet &amp; Gravy Cheese and Onion Quiche</p>	<p>Pork &amp; Carrot Meatballs with Freshly Made Tomato Sauce (GF)</p>  <p>Vegetable Pasta Bake with Garlic Bread</p>	<p>Crispy Oven Baked Fish Finger or Salmon Fishcake</p>  <p><b>'Pizza Bar'</b> Choose from selection of Vegetarian &amp; Meat crispy Crust Pizza</p>
ON THE SIDE	<p>Hash Brown Potatoes Sweetcorn Baked Beans</p>	<p>Broccoli Carrots</p>	<p>Roast &amp; Creamy Mash Potatoes Carrots Green Beans</p>	<p>Pasta Carrots Peas</p>	<p>Chipped Potatoes Pasta Peas Baked Beans</p>
TO FINISH	<p>Pancakes with Banana and Syrup</p>	<p>Fruity Flapjack Cheese, Crackers &amp; Fruit</p>	<p>Jelly or Ice Cream</p>	<p>Fruit Crumble &amp; Custard</p>	<p>Vanilla Shortbread</p>
AVAILABLE DAILY	<p><i>Available Daily: Grab &amp; Go Bags, Baguettes, Wraps, Jacket Potatoes, Freshly Baked Bread, Healthy Salad Bar, Yoghurt &amp; Fresh Fruit</i></p>				