

# School 1 Lunch Information

## Myddle Primary School Lunch Menu 2018/2019

### Dear Parent/Guardian

Welcome back to Myddle Primary School. Once again we would like to share with you some of the exciting things that we have planned for the lunch service! Sara Russell our Cook and her team have put together a new set of menus for the New Term, featuring many of the pupils' favourite dishes along with some new seasonal variations. We would like to build on the success of Universal Infant Free Meals for Key Stage 1 pupils and hope that those pupils who have moved into Key Stage 3 will continue to support the School's catering service by purchasing a meal. We believe that this is still excellent value at just £2.10 a day.



For further information on the service we provide and to see if you qualify for free school meals

School Office Tel: 01939 290834  
Email: [admin@myddle.shropshire.sch.uk](mailto:admin@myddle.shropshire.sch.uk)

### Food & Menu

#### School Food Based Standards

Our menus are carefully planned to comply with The School Food Based Standards introduced in January 2015. The Catering Team have vast experience and are constantly trying to innovate and alter our menus to keep them exciting and tasty for your child to enjoy. The Myddle Team are passionate about serving high quality, locally sourced ingredients in our 5 star hygiene rated kitchen.

We are able to cater for pupils who may have special dietary needs and Allergen information is available on request.

We have printed a copy of our new menus on the reverse of this newsletter and we welcome your comments and children's feedback this term.

### Could you be entitled to FREE school meals?

If you claim certain benefits or have a household income below the Government threshold, you could qualify for Free Meals it is important that even if your child is entitled to the UIFSM you still complete the application for Free Meals.

Please speak to a member of the school staff or

Visit: [www.shropshire.gov.uk/free-school-meals](http://www.shropshire.gov.uk/free-school-meals) or call: 0345 678 9000 for more information

## Week 1 - Week Commencing:- 17<sup>th</sup> Sept, 8<sup>th</sup> Oct, 5<sup>th</sup> Nov, 26<sup>th</sup> Nov, 17<sup>th</sup> Dec, 21<sup>st</sup> Jan, 11<sup>th</sup> Feb 2019

Selection of Fish * Vegetarian Sausage, Yorkshire Pudding & Gravy (V) * ****  Creamed potatoes Baked Beans Peas ***  Iced Sponge with Custard  ****	Build your own Burger *  Pasta Neapolitan(V) ****  Jacket Wedges Sweetcorn Green Beans ****  Chocolate Chip cookie ****	Roast pork, Apple Sauce & Gravy * Cauliflower & Broccoli Bake(v) ****  Roast Potatoes Creamed Potatoes Carrots Broccoli Leek & Sweet potato Bake * Flapjack with Milkshake **** <b>WEEK 2</b>	Spaghetti Bolognese * Vegetarian Bolognese (v) * Fish Finger Wrap ****  Spaghetti Baby Potatoes Carrots Baked Beans ****  Rice Pudding with Raspberry Coulis ****	Selection of Assorted Pizza (v) * Chicken Tender Fillets  ****  Chips Baked Beans Peas Sweetcorn ****  Fruit Jelly Assorted Muffins Fruit Platter  ****
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MON

TUES

WED

THURS

FRI

## Week 2 - Week Commencing:- 24<sup>th</sup> Sept, 15<sup>th</sup> Oct, 12<sup>th</sup> Nov, 3<sup>rd</sup> Dec, 7<sup>th</sup> Jan, 28<sup>th</sup> Jan 2019

Chicken Curry * Vegetarian Burger & Bap (V) ****  50/50 Brown & white Rice Baby Potatoes Peas Sweetcorn ****  Raspberry Swirl with Custard ****	Pork & Carrot (gluten free) Meatballs with Freshly made Tomato Sauce *  Country Vegetable Bake (v) ****  Herby Diced Potatoes Pasta Broccoli Baked Beans ****  Cookie & Milkshake ****	Roast Beef, Yorkshire Pudding & Gravy * Vegetarian Sausage Casserole (v) ****  Roast and Creamy Mashed Potatoes Carrots & Cabbage Cauliflower ****  Chocolate Sponge with Chocolate Sauce *  Cookie with Milkshake ****	Chilli Con Carne Vegetarian Chilli Con Carne (V) * Selection of Fish  Rice Creamed Potatoes Peas Carrots ***  Fruit jelly sundae * Cheese & Crackers ****	Assorted Pizza (v) * Gammon Steak with Pineapple ****  Chips Sweetcorn Baked Beans ****  Assorted Fruit Muffins Frozen yoghurt  ****
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Available Daily: Salad Bar, Homemade Bread,

Fruit Salad & Yoghurts, Filled Wraps & Jacket Potatoes

MON

FRI

## Week 3 - Week Commencing:- 3<sup>rd</sup> Oct, 22<sup>nd</sup> Oct, 19<sup>th</sup> Nov, 10<sup>th</sup> Dec, 14<sup>th</sup> Jan, 4<sup>th</sup> Feb 2019

Sausage Roll *  Macaroni Cheese with Garlic Bread (V) ****  New Potatoes Sweetcorn Green Beans Spaghetti Hoops ****  Sticky Toffee Slice  ****	Beef Fajitas * Quorn & Vegetable Fajitas(V) * Fish Fingers ****  Herby Diced Potatoes Minted Peas Chunky Coleslaw ****  Ginger & Orange Sponge with Custard ****	Roast Chicken, Stuffing and Gravy * Cheese, Potato & Onion Pasty ****  Roast and Creamy Mashed potatoes Carrots & Peas Cauliflower Cheese ****  Cookie with Milkshake * Ice Cream ****	Butcher's Pork Sausage * Vegetable & Herb Plait (V) **  Creamed Potatoes Jacket Wedges Baked Beans Broccoli ***  Apple Crumble with Custard ****	Assorted Pizza (V) * Minced Beef & Potato Gratin ****  Chips Carrots Sweetcorn  ***  Selection of Vanilla & Chocolate Cupcakes ***
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Available Daily: Bread Basket, Freshly Prepared Salads, Fresh Fruit, Yoghurt.